



INTERNATIONAL TECHNICAL SEMINAR & INTERNATIONAL INSTRUCTOR COURSE WITH GM HWANG HOYONG

CHAIRMAN OF ITF'S TECHNICAL & EDUCATION COMMITTEE

**OCTOBER 25 - 27 2024
AYIA NAPA, CYPRUS**



For Information and assistance please
contact us at:

email: cyprus.itf@cytanet.com.cy

or

whatsapp: +35799443172

Please register at:



<https://data.taekwondo-itf.com/event/38524/6480>

and at

<https://forms.gle/mJZ5EF4xywVXk12V9>

G.M. Professor's Hwang short resume

Grand Master, Professor Hwang Ho Yong, Senior Vice President of the International Taekwon-do Federation and Technical and Education Committee Chairman, was born on 11/05/1956 in Sin Uiz of Korea.

From 1983 until 1986 he was a member of the demonstration team of the International Taekwon-do Federation which made demos almost throughout the world (China, Hungary, Yugoslavia, Norway, Poland, Singapore, India, etc. ..) in an effort to make known the Taekwon-do around the world. In 1987 he was sent by the International Taekwon-do Federation to Czechoslovakia to teach Taekwon-do. Under his guidance, the Czech Taekwon-do Federation became a very strong and well organized NGB.

In 2011, 7th of September, he earned 9th DAN and became the 1st Korean 9th DAN holder (K-9-1). He was Chairman of the ITF Junior Committee and then the Education committee. Since 2008, he is Chairman of the ITF Technical Committee and subsequently by the merger of the two committees into one, he is the Chairman of the Technical and Education Committee of the ITF. His job is the spread of Taekwon-do around the world and the unification of educational methods by all instructors, as well as the preservation of genuine art of Taekwon-do.

He teaches and directs systematically Taekwon-do in Poland, Hungary, Switzerland, Netherlands and Slovakia. As responsible of the Technical and Education Committee, he is called in many countries of the world and gives technical seminars for athletes, coaches and referees.

At the technical seminar G.M. Hwang will teach Fundamental exercises-techniques, Patterns (Tulls), Sparring (Matsogi), Self Defence (Hosin Sool) and Conditioning (Dallyon)

Venue: Participants will be accommodated at Aktea Hotel in Ayia Napa

A few words about Ayia Napa

Ayia Napa, is a tourist resort at the far eastern end, of the southern coast of Cyprus.

The name Ayia Napa is derived from a Venetian-era monastery of the same name, located in the center of the town, next to the square that today is the clubbing center. The word *Ayia* means "holy" in Greek. *Napa* is archaic and means "wooded valley" or "dell". In ancient times the area surrounding the town was covered with thick forest.

Ayia Napa lies near [Cape Greco](#) at the eastern part of Cyprus, south of [Famagusta](#), and forms part of a larger area known as *Kokkinochoria* ("Red Villages", a name derived from the vivid red color of the soil). It is a town of the [Famagusta District](#), in the remaining Republic of Cyprus-controlled southern part of the district, while the northern part



has been brutally [occupied by Turkish forces](#) since 1974.

Ayia Napa is about 12 kilometres (7.5 miles) from [Protaras](#), which has also been developed as a tourist destination.

Overview

Ayia Napa is the largest tourist resort in Cyprus, with a 27,000-person-bed capacity and more than 175 hotels and apartments of all sizes. In 2017, the resort received over 700,000 tourists



and accommodated 5 million overnight stays, representing approximately 30% of all Cyprus overnight stays.

Beginning in the 2010s, the city has sought to expand tourist offerings and declared an aim of discouraging rowdy groups of young tourists and becoming "the best and most cosmopolitan tourist resort of the Mediterranean" by 2030. Since 2013, it has shut down problematic establishments, upgraded

infrastructure, hotels, and restaurants, and added facilities such as a new marina and the underwater museum.

The vision set by the city is supported by the Cyprus Tourism Strategy, which was completed in March 2017 and aims for Ayia Napa to be "regarded as one of Europe's top three beach and nightclubbing holiday destinations offering the best beach and marine experience in Cyprus for young adults, complemented by international standard beach clubs and nightlife". The strategy evaluated the then quality of Ayia Napa as 3.4/5 and proposed that it should plan to increase its quality to 4.4/5.

Ayia Napa was recognized as a *Prime City Destination* by the Oxford Business Assembly, and in 2018 was awarded the international flag of investment and innovation attractiveness 'Flag of Europe' and the International Certificate of Excellence in Investment and Innovation (ICEII).

Beaches

The resort has 27 beaches, of which 14 have been awarded the [Blue Flag award](#), more than any other resort in Cyprus; the island itself also has the second highest amount of Blue Flags in the world, behind only [Croatia](#). In 2011, [Nissi Beach](#) topped the [TripAdvisor](#) list of the best beaches in Europe. In 2017, Makronissos Beach was chosen by *Travel Weekly* as the third best beach for Cyprus and Greece. In 2018, it was announced that Nissi Beach ranked third in the list of the most popular beaches on [Instagram](#). A [CNN](#) feature ranked Nissi Beach as the best beach to visit for the month of July 2018.

Marina

The foundation stone for Ayia Napa Marina was laid on 30 September 2016. It was the largest private project in Cyprus at the time and is expected to cost €250 million and be completed in 2021. The main investor is Egyptian billionaire Naguib Sawiris, who was presented with a golden key to the city by Mayor at the foundation ceremony.

SEMINAR LOCATION

The Seminar will be conducted at Aktea's Hotel**** Conference room

ACCOMMODATION

The Seminar Participants will be accommodated at Aktea Beach Village Hotel****. The hotel is located at the Island's most well-known Nissi Beach

Spread openly on an unspoiled seashore gulf, next to the nature trail which connects Ayia Napa's seafront from Nissi Beach to Cape Geco.



Aktea is located on a walking distance from the center with lots of souvenir shops, bars and restaurants.

The location combines the sandy golden beaches of Sandy bay (around 200 meters away) and Nissi Beach (around 200 meters away), with the rocky formations of a virgin landscape, the privacy of seclusion with the centrality of a cosmopolitan tourist resort.



Cyprus Tourism Organization classifies Aktea Beach Village as Holiday Village Class "A"

Village Resort established in 2003, central location enables our guests to truly immerse themselves in the city's thriving cultural landscape

24 hour Reception and Lobby, currency exchange,

Bar, Restaurant, Lounge area, free wifi, outdoor landscaped swimming pool, sun terraces, free sun beds and parasols, indoor swimming pool, Gym, Sauna, Jacuzzi, children's pool, children playground, kids club, multiple usage room (hosting conferences, seminars and all sort of cultural events), flood-lit tennis court, car park, mini market/souvenir shop, seashore pathways giving access to all Ayia Napa beaches, courtyards and flower beds including water ski, jet bikes, para sailing and snorkeling available within walking distance.

What's the Weather Like in Ayia Napa in October

Temperature

For those wanting to avoid the summer crowds but still enjoy some really beautiful weather, October is the absolutely perfect time to visit [Ayia Napa](#). The average low temperature is 16°C during this month, but the average [high temperature](#) is still a high 27°C. Both are three degrees colder than in [September](#) and five degrees colder than the peak summer months of [July](#) and [August](#), but still much more pleasant than the averages in [November](#). The low

and high temperatures decrease significantly in the course of the month though. October 1 is by far the warmest day of the month with a night temperature of 19°C and a daytime high of 29°C. By the end of the month, both temperatures have decreased to 15°C and 25°C respectively. The [average temperature](#) of an October day is 22°C, which certainly is much warmer than it is in Europe this time of year.

Sea Temperature

The [sea temperature](#) is still a pleasantly warm 26°C in October, which makes taking a dip and doing water sports in the Mediterranean Sea a valid option for an afternoon activity. In fact, the temperature of the sea in October is the fourth-highest of the entire year. Only in July, August and September is the sea warmer.

Sunshine Hours

There is an average of 10 [hours of sunshine](#) each day, two hours less than September. October is the seventh-sunniest month of the year, together with [March](#). The biggest factors that influence this decrease in daily sunshine are the increase in cloud cover and the shortening of the days.

Clouds

Cloud cover almost doubles in the course of the month. October 1 is the clearest day with only 14% of cloud cover, while the sky on October 31 is already 25% cloudy. October is still within the clearer part of the year though. The cloudier part begins in the beginning of November.

Daylight Hours

The difference in day length between the beginning of the month and the end is more than an hour. With 11.48 hours of daylight, October 1 is the longest day of the month. October 31 is the shortest, with 10.46 hours of daylight left.

Ayia Napa Beaches in October

October is the last month of the year that allows visitors to spend a comfortable afternoon on the beach. And there are plenty of beaches in and around town, from bustling Nissi Beach to Konnos Bay Beach in Cape Greco national forest park to Grecian Bay and its three beaches. All beaches have plenty of facilities, such as beach bars, restaurants and water sports equipment rentals, and are easily accessed.

ACCOMODATION PRICES

- **Single room** **€90.00 half board accommodation**
- **Double / Twin Room,** **€70.00** per person, per night on **half board accommodation**
- **3rd, 4th person in room** **€50.00** per person, per night on **half board accommodation**

*Accommodation Rates quoted are in Euros (€) and are **per person, per night**, on **Half Board (Lunch) Accommodation**

TRANSFER FROM / TO AIRPORT

Larnaca airport is 50 km away from the location and Paphos airport is 166 km away from the location, where the seminar will take place.

There are airport shuttles from Larnaca airport to Ayia Napa. Taxi costs about €50

If you need any assistance with transportation, please contact Master Lefteris Polydorou at cyprus.itf@cytanet.com.cy and/or via Viber or WhatsApp at +35799443172.

PARTICIPATION FEES

All Participants will pay €30 to the Organizer as Organization fees in addition to the Seminar fees listed below (

International Technical Seminar

- | | | |
|---|------|--------------------------------|
| • 1 st Grade and below | €40 | (€25 for ITF Booklet holders) |
| • 1 st Degree and 2 nd Degree | €80 | (€50 for ITF Booklet holders) |
| • 3 rd Degree and higher | €165 | (€100 for ITF Booklet holders) |
| • <u>Free for ITF Masters</u> | | |

Note: All participants to the ITS should arrive to the venue of the seminar on Friday by noon at the latest.

REGISTRATION:

Please register at <https://data.taekwondo-itf.com/event/38524/6480>

Please fill also the form at <https://forms.gle/mJZ5EF4xywVXk12V9>

Please make the payments, to the Cyprus Taekwon-do Federation, bank account

Account name: Cyprus Taekwon-do federation (ITF)
IBAN: CY43 0020 0668 0000 0001 0179 2500
SWIFT: bcypcy2n
BANK: Bank of Cyprus Ltd

Hotel Accommodation deadline is October 10th, 2024

COMMUNICATION

For any additional information or queries please contact us at: cyprus.itf@cytanet.com.cy

and/or by phone Viber or WhatsApp at +35799443172

Master Lefteris Polydorou